Health Service offers new programs

By Joanna Stone

In hopes of keeping students better informed, the Health Edu-
cation Service of the MIT Medical Department has instituted new health awareness programs for this spring.

Four programs include the Women's Health Education Network (WHEN), Health Advisors and Counseling, four informal workshops, and four computer bulletin boards.

Janet H. Van Ness, director of Health Education, runs the "Staying Healthy" series. There are four such workshops, including "Eating Well at MIT."

"The Sure-Fire Cure for Hangovers," "Stress Tests: Managing the Stress of Finals," and "That's What You'll Find at Teradyne." Each workshop will have a table in Lobby 10 and will be available to answer any questions students might have about AIDS.

Van Ness feels that one of the major goals for AIDS-awareness week is "helping people to feel comfortable enough to ask the questions that are on their minds and comfortable enough to make the changes that are necessary."

There is also a peer AIDS-awareness week program which Van Ness hopes will help make students more comfortable asking questions about AIDS. In addition, four AIDS-related films will be shown on MIT cable as part of AIDS-awareness week.

The Health Education Department has a resource center, in the Medical Building, containing information on pregnancy and birth control to drugs and eating disorders. This resource department, along with Gilligan's office will be moved to the Student Center after the first of the year, thereby allowing 24-hour accessibility.

Harvard-Epworth United Methodist Church

1555 Massachusetts Ave., opposite Cambridge Common

Sunday Worship: 9 and 11am

Undergrad Forum: 5:30 PM