There is a still center of Eternity: A place where all past, present and future meet. This intersecting point of consciousness, knowledge and experience, pleasure and pain, morality and immorality, has been described and referred to in a variety of different ways by mystics, prophets and teachers who have experienced it. Some have described it as God or Heaven. Others have referred to it as Nirvana or Tao. In Zen it is called Zen mind or Enlightenment.

While names, descriptions and methods for reaching the still center of being vary greatly, the ultimate worth of this awareness is agreed upon by all who have shared it. The experience of the still center of being brings freedom, self-control, balance and power to those who have attained their lives in it.

Zen is the study of the Ten Thousand States of Mind and of Enlightenment, the still center which lies beyond the Ten Thousand States of Mind. It is a highly personal study which brings clarity and purpose into the lives of those who practice it.

Zen Buddhism itself has had a profound influence upon Chinese and Japanese history and culture. A great deal of the current success of the Japanese corporate mind stems from the effect of centuries of Zen practice in Japan. Martial arts, dance, poetry, the tea ceremony and many other forms of personal, artistic and artistic expression have been given birth to by Zen mind.

Zen is a highly refined and artistic approach to the meaning of life. It isn't necessary to learn Oriental customs or to speak the Japanese language to successfully practice it. All that is required is an open mind, patience, a good sense of humor and an intense desire for self-improvement.

I have written a free booklet about Zen for the computer age called 'Zen Mind and Enlightenment'. I discuss Zen in more depth, and describe both contemporary and traditional methods I employ in teaching Zen at seminars and in private practice. If you would like to learn more about Zen and the wonders of your own mind, call or write for this free booklet today.

Find the still center of your own being. Study Zen.

Zen Master Rama

WITH ZEN MASTERS RAMA

Friday, February 27, 1987

7:30 pm to 10:30 pm

Berklee Performance Center

136 Massachusetts Ave., Boston

Tickets $10 at the door

Tickets available at all times at Berkeley Box Office, 29 Berkeley Street, Boston, MA 02116. Also at the University of Maryland Center, 2730 Riggs Road, College Park, MD 20742. Tel: 301-494-4800. For more information call 213-Art 1188.