Not all Asian food comes from China

Most MIT students are acquainted with the pleasures of South-Asian food. The cuisine of Asia is much less familiar, but for those able to get away from campus, one need only venture to India, China, or Thailand to experience it. Whether you eat alone, with classmates, or as well as in Boston, the last few times I have been there, I have always been impressed by the quality and variety of Asian cuisine.

India: Boston has many Indian restaurants, but the one which stands out in my mind is Saffron. I have rarely tasted any better.

China: Most people associate Chinese food withDimsum, Peking Duck, or other meat dishes. These are, however, only a small part of the rich and varied cuisine of China. The Chinese have a saying, "He who does not eat hot pot, does not eat Chinese food." Hot Pot is a wonderfully diverse and flavorful experience. I highly recommend it.

Thailand: Thai cuisine is known for its spicy and flavorful dishes. One of the best Thai restaurants in Boston is Tamarind, located at 567 Massachusetts Avenue, Cambridge. Tamarind offers a variety of dishes, including Pad Thai, Green Curry, and Red Curry. The food is both delicious and reasonably priced. I highly recommend it.

Japan: Japanese cuisine is known for its simplicity and mindfulness. One of the best Japanese restaurants in Boston is Kono Kitchen, located at 74 Pearl Street, Cambridge. Kono Kitchen offers a variety of dishes, including Sushi, Sashimi, and Ramen. The food is both delicious and beautifully presented. I highly recommend it.

Vietnam: Vietnamese cuisine is known for its fresh, flavorful, and healthy dishes. One of the best Vietnamese restaurants in Boston is Le Pain Quotidien, located at 24 Pearl Street, Cambridge. Le Pain Quotidien offers a variety of dishes, including Pho, Banh Mi, and Vietnamese noodle dishes. The food is both delicious and beautifully presented. I highly recommend it.

In conclusion, Asian cuisine offers a wide variety of flavors and dishes that are both delicious and healthy. Whether you are looking for spicy, sweet, sour, or salty dishes, Asian cuisine has something for everyone. I highly recommend exploring the rich and varied cuisine of Asia.

-V. Michael Bove