The three Belley residents who own this refrigerator may think they are feeding themselves well. But if they are like most off-Commons dormitory residents, a recent study indicates their diets will be deficient in five important nutrients.

Students off Commons may be undernourished

(Continued from page 1)

phones, iron, and number of Colors.

Essandoh later made appointment
with thirty dormitory stu-
dents who do not eat Commons
to assess the nutritional value of
the food they eat. He said that
these students "were the first
thirty to be obtained and were
considered to represent a reason-
ably random sample, although
this might not be the case."

The diet of students off Com-
mons was found to include in-
adequate amounts of five of the
twelve nutrients considered in
the survey, including calcium,
calcium and Vitamin A. One
reason for this, Essandoh ex-
plained, was that these students
often missed breakfast or lunch,
although they never missed din-
ner. He acknowledged, however,
that most students, in addition
to eating the three basic meals,
usually have snacks, which were
impossible to include in the
data. "We may not have had a
representative sample of stu-
dents off Commons," said
Goldblith, "but the results are
indicative of the type of under-
nutrition that one can get by
poor eating habits such as
missing meals."

A potential source of error in
the Commons survey was that
only the nutritional value of an
initial serving was assumed. The
actual nutritional intake can
vary depending on whether the
student finishes the initial ser-
vie or consumes more than one
serving.

Another source of error was
that the students off Commons
who were surveyed did not keep
all their appointments with
Essandoh in the survey.
Essandoh also pointed out that
the nutritional content of food
depends upon the way it is
prepared.

Party ‘sabotage’ charged by local Iranian students

(Continued from page 3)

from New York about the party,
but added that she did not know
who the sponsor is.

The Iranian Consulate re-
erred calls about the party to a
telephone number at the Wal-
dorf Astoria Hotel, where, the
Tech was told, a similar party
was scheduled for March 22.

The New York party, also sponsored
by the "Committee of Nontax
Payers," will feature the same
entertainment as the France-
hall party.

"Smith or Jones"

The receptionist at the As-
toria Hotel said that "Mr. Par-
se" was organizing the party for
the committee. According to the
Iranian student, "Parsese" is also
the name being used by Iranian
students selling tickets for the
party on campus.

MIT admin debates requiring Commons

(Continued from page 1)

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Institute Professor of Economics
Robert M. Solow

On Facts and Theorems
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"The price gets lower—" "Just right."
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