The immediate reason for this recent growth in the number of people who realize that marriage is not a paradise and that the institution is not being used properly is perhaps best explained if we consider the fact that marriage is based on a wholesome, objective way. The concrete results of this are easily apparent. The American marriage is no longer considered a sacred institution, but rather as a means of achieving personal happiness. The fact that marriage is not a means of achieving personal happiness is further evidenced by the number of divorces that are being granted. It is estimated that one out of every six marriages in the United States will end in divorce, and this figure is expected to increase in the future.

The growth of the divorce rate is also due to the fact that people are no longer willing to remain in unhappy marriages. The desire to achieve personal happiness is now considered more important than the traditional values of marriage. This is further evidenced by the number of people who are seeking marriage counseling and therapy. The demand for these services has increased significantly in recent years, and this is a clear indication of the growing dissatisfaction with marriage as a means of achieving personal happiness.

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