Among these, ranking first in importance in most colleges, is the custom of periodically giving public recognition to the men who have shown exceptional ability or unusually deserving application.

Given, not as it mistakenly has been, as an incentive to increased exertion in the undergraduate, but with the idea of producing in the developing mind of the student a confidence that intelligent, conscientious work will get a deserved recognition, such a custom, developed into a system, would be a most valuable aid in that second education that each man is supposed to get for himself, the finished result of which is the character of the individual.

It is to be regretted that there is nothing of the kind at the Institute. Though graded by a scaled system of marks, the modesty of the honor men and the commendable reticence of the flunked contingent entirely prevents even an unofficial comparative statement, shut out as we are by the fact of our being a technical institution from honorary societies of the type of Phi Beta Kappa. With the few existing scholarships given by no public competitive method, the only feasible plan appears to be for a progressive class to originate and carry out some system which will bring us into line with other American colleges, and assure to the student that recognition of his worth which is his right.

On March 25th, at the annual meeting of the Athletic Club, there was a short discussion concerning the establishment of life membership in the M. I. T. A. C. No action was taken, as it was deemed inexpedient to pass resolutions on such an important subject without due deliberation.

The idea is, in many respects, a good one. At present only a comparatively small number of the men in the Institute are members of the Athletic Club, and these will all cease to be such when they leave Tech. Hence the probability that they will never take a vital interest in the welfare of the Club; they cannot, when they feel that their connection with it is so temporary. It is hoped that the creation of a life membership will remedy this defect.

The Athletic Club has had great success, considering the adverse circumstances with which it has had to contend; and it deserves the support of all Tech. men.

If life membership in the Club were established, the advantages derived would be many. Greater interest would be evinced by the members in general, this difference being especially marked in the graduates. Again, it would place the Club on a firmer financial basis.

If this idea meets with general approval, let it be brought up again at the next meeting of the Athletic Club, and action taken thereon.

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Through the kindness of some of our students who are commendably interested in the success of athletics at the Institute, THE TECH has obtained some points on training for track athletics which we publish, in the hope of inducing a few more men to enter the field. Of course many of our more experienced runners and sprinters have their own ideas and well-tried methods, which they prefer before all others, but there must be a few of us who only need one or two hints or suggestions to bring them up with the best.

We can vouch for the quality of what follows, as we have it from a well-known trainer.

First of all, begin gradually. If you start right in with hard work the first day, you are sure to be stiff and sore the next, and this is one of the worst possible things that can be done.

For the dashes, the start has, until lately, been thought very hard to learn to do well, but since the “Australian” way of setting has come into vogue, it can be acquired in a couple